

Herbed Breakfast Hash



| Recipe Rating | | | | |
|---------------|------------|--|--|--|
| Total Time | 65 Minutes | | | |
| Cooking Time | 50 Minutes | | | |
| Total Labour | 15 Minutes | | | |
| Knife Skills | Basic | | | |

| Equipment | | | |
|--------------------------------------|--|--|--|
| Chef's knife/Peeler/Cutting | | | |
| Board | | | |
| Potato Masher/Mixer | | | |
| Spoon/Scoop | | | |
| Mixing Bowl or Pan | | | |
| ½ size- 2" deep production | | | |
| pans | | | |
| Bulk Retherm Cart (or regular | | | |
| oven) or Tray Service Retherm | | | |
| Cart | | | |

| Nutrition Facts Valeur nutritive | | | | |
|---|--|--|--|--|
| Per 1 serv (121g) / par 1 serv (121g) Amount % Daily Value Teneur % valeur quotidienne | | | | |
| Calories / Calories 110 | | | | |
| Fat / Lipides 1q 2% | | | | |
| Saturated / satures 0g + Trans / trans 0q 1% | | | | |
| Cholesterol / Cholesterol Omq | | | | |
| Sodium / Sodium 10mg 0% | | | | |
| Carbohydrate / Glucides 23q 8% | | | | |
| Fibre / Fibres 2q 9% | | | | |
| Sugars / Sucres 2g | | | | |
| Protein / Proteines 2g | | | | |
| Vitamin A / Vitamine A | | | | |
| Vitamin C / Vitamine C 25% | | | | |
| Calcium / Calcium 2% | | | | |
| Iron / Fer 6% | | | | |



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| | 25 Portions | | 50 Portions | |
|----------------------------|-------------|------------|-------------|------------|
| | Metric | Standard | Metric | Standard |
| Potatoes, Fresh, (skin on) | 2.75 Kg | 6.1 Lbs | 5.5 Kg | 12.2 Lbs |
| Water | 2.5 L | 2.6 quarts | 5 L | 5.2 quarts |
| Olive Oil, Extra Virgin | 25 mL | 0.9 fl oz | 50 mL | 1.8 fl oz |
| Garlic Powder | 10 mL | 2 tsp | 20 mL | 1 1/3 Tbsp |
| Basil, Fresh, Chopped | 30 mL | 1 fl oz | 60 mL | 2 fl oz |
| White Pepper | 2.5 mL | ½ tsp | 5 mL | 1 tsp |

Method



1. Wash potatoes in cold water. Peel and dice onion.

Combine olive oil, garlic powder, basil, and white pepper, and set aside.

Note: any herb combination can be used as desired.



2. Place potatoes in a $\frac{1}{2}$ size- 2" deep production pan and add water until pan is half filled.

Place pan in Multigen for 50 minutes or until potatoes are tender. Smash potatoes in pan.

Alternatively, steam or boil potatoes using another cooking method.



3. Add mixture to the pan and fold in until combined.

Serve Hot.



4. **Bulk:** Portion into service dishes or leave in bulk for dining room service.

Cold Plating: allow to cool and plate alone or as a side dish. Place on the hot side of the tray prior to service.

Garnish: Finely chopped basil or other herbs as desired

Food Accompany: Any breakfast protein

